

Support, Resources and HOPE during a Blood or Marrow Transplant

PATIENT SUPPORT CENTER

WE CAN HELP YOU AND YOUR LOVED ONES:

- Get answers about the transplant process
- Cope with uncertainty
- Access financial grants
- Find and join clinical trials
- Connect with others who've been through transplant

Transplant recipients (from left): Kyle, Ines, Briana, Becky and Bob



Have **questions** about transplant?

Not sure where to go or who to ask? We're here to guide you and your loved ones from diagnosis, through recovery. We'll listen and help you find answers.

CALL: 1 (888) 999-6743

or (763) 406-3410

EMAIL: patientinfo@nmdp.org

Meet our team: BeTheMatch.org/PatientNavigators



The navigator I spoke with provided me with things I didn't know to ask for."

—Transplant patient

Our Certified Oncology Patient Navigators and Nurse Navigators can help you:

- Learn about transplant
- Understand the donor search process
- Find a transplant center
- Get answers to your financial or insurance questions
- Prepare for and cope with life after transplant



We can take all the time needed to help patients and caregivers navigate the transplant journey.

Call us with any questions. If we don't have the answer, we'll find it for you.

-Maria MacWilliams, OPN-CG, Senior BMT Patient Navigator, Bilingual

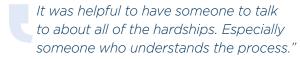
Feeling anxious or sad?



Hailey, MSW, LGSW, BMT Social Worker

Our licensed clinical social workers provide confidential, one-on-one telephone-based counseling to help you and your loved ones cope with BMT and recovery.

LEARN MORE: BeTheMatch.org/Counseling



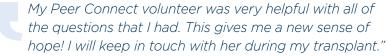
-Transplant caregiver

Want to talk with someone who understands?

Join a support group. Talk with other patients and caregivers in a safe space where you can share your fears and frustrations without feeling judged or misunderstood. Our professionally-led support groups can help you connect with others, learn practical tips and reduce stress.

LEARN MORE: BeTheMatch.org/SupportGroups

Talk to a peer. We'll put you or your caregiver in touch with someone who's been through the transplant journey. Our trained peer volunteers are available to talk by phone or email.



-Pat, transplant patient

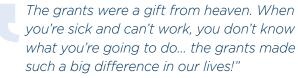
Worried about housing, travel or other costs?



Financial grants are available for qualified patients who have a hard time paying for costs not covered by their insurance. This includes copays, transportation costs, temporary housing and more.

Grants are also available to help pay for travel expenses related to treatment during a clinical trial.

LEARN MORE: BeTheMatch.org/PatientAssistance



-Bruce, transplant patient

Looking for other treatment options?



Anna, MS, LCGC, Clinical Trials Navigator

We can help you and your family find and join clinical trials. Through our Jason Carter Clinical Trials Program we offer:

- One-on-one confidential clinical trial guidance from a Clinical Trial Navigator who can answer questions and help you find clinical trials
- An easy-to-use online tool to search for clinical trials and alert you when new trials begin
- Educational resources to learn about research, clinical trials and new treatments

Get help finding a clinical trial:

CALL: 1 (888) 814-8610

EMAIL: ClinicalTrials@jcctp.org

VISIT: JCCTP.org

A member of the Jason Carter Clinical Trials Program team notified me. I'm so thankful for that. The trials don't notify you. The team was astute enough to realize that the clinical trial guidelines had changed, and I fell within the trial qualifications. I was finally able to join."

-Anne, transplant caregiver

Information about transplant



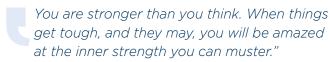
Download or order educational resources for trustworthy information about transplant for you and your family: **BeTheMatch.org/Request**

Visit the transplant center directory for outcomes data and contact information about each transplant center in the U.S.:

BeTheMatch.org/Access

Watch the Basics of BMT videos to learn about transplant through the experiences of people like you who've been through it:

BeTheMatch.org/LearnTheBasics



—Ted, transplant recipient



Join a community of patients and caregivers:

Facebook.com/BeTheMatchPatient

Help in other languages

We offer translated resources in 11 languages. Telephone support is offered in more than 100 languages with Spanish-speaking staff as well as an interpreter.

For more information, visit BeTheMatch.org/Translations

Centro De Apoyo Al Paciente (Spanish)

Llame al: 1 (888) 999-6743 Correo electrónico: pacienteinfo@nmdp.org

ي ضروم له معد ذكورم (Arabic) مقرلا الله لل المحالة (888) 999-6743 ينووتكال الله الميربال: patientinfo@nmdp.org

患者支持中心 (Chinese, simplified)

电话: 1 (888) 999-6743 电邮: patientinfo@nmdp.org

患者支援中心 (Chinese, traditional)

來電: 1 (888) 999-6743

電子郵件:

patient in fo@nmdp.org

نارامیب زا تیامج زکرم **(Farsi)** 1 (888) 999-6743: سامت مرامش patientinfo@nmdp.org: لیمی

Sant Sipò Pou Pasyan (French Creole)

Rele: 1 (888) 999-6743

Adrès Imèl:

patient in fo@nmdp.org

रोगी समर्थन कें दुर (Hindi)

कॉल करें: 1 (888) 999-6743 ईमेल: patientinfo@nmdp.org

환자 지원 센터 **(Korean)** 전화: 1 (888) 999-6743 이메일: patientinfo@nmdp.org

Centro De Apoio Ao Paciente (Portuguese)

Ligue: 1 (888) 999-6743 Email: patientinfo@nmdp.org

ЦЕНТР ПОДДЕРЖКИ ПАЦИЕНТОВ (Russian)

ТЕЛЕФОН: 1 (888) 999-6743 АДРЕС ЭЛ. ПОЧТЫ: patientinfo@nmdp.org

Sentro Ng Suporta Para Sa Pasyente (Tagalog)

Tumawag sa: 1 (888) 999-6743 Mag-email:

patientinfo@nmdp.org

Trung Taâm Hoã Trôï Beänh Nhaân (Vietnamese)

Goïi Soá: 1 (888) 999-6743 Ñieän Thö:

patientinfo@nmdp.org

AT EVERY STEP, **WE'RE HERE TO HELP**

As you journey through transplant, you're not alone. Be The Match® is ready to help. We offer many free programs and resources to support patients, caregivers and families before, during and after transplant.

GET SUPPORT: BeTheMatch.org/one-on-one

EMAIL: patientinfo@nmdp.org

CALL: 1 (888) 999-6743 or (763) 406-3410

11: Facebook.com/BeTheMatchPatient



Every individual's medical situation, transplant experience and recovery is unique. You should always consult with your own transplant team or family doctor regarding your situation. This information is not intended to replace, and should not replace, a doctor's medical judgment or advice.